

## JEN ACKERSON

MA, ATR-BC, LPC, ACS, ATCS

**Office:** (412) 380-0100, ext 403

**Mobile:** (330) 502-3177

**Email:** [Jennifer@myjadewellness.com](mailto:Jennifer@myjadewellness.com)

### **License and Certification ID numbers:**

PA LPC PC010555

ATR-BC + ATCS 17-198

ACS -4362

### **Southside Office**

809 Bingham St,  
Pittsburgh, PA 15203

### **Wexford Office**

101 N Meadow Dr  
Suite 234  
Wexford, PA 15090

## **SUPERVISION DISCLOSURE STATEMENT AND AGREEMENT:**

Masters level interns, Art Therapy (ATR-P, ATR, ATR-BC) & LPC, LCSW Supervisees

## **EDUCATION, TRAINING, and CREDENTIALS**

Jennifer Ackerson, MA, ATR-BC, LPC, ACS, ATCS is a Board-Certified Registered Art Therapist and a Pennsylvania State Licensed Professional Counselor. Ms. Ackerson is a full-time employee of JADE Wellness Center in Pittsburgh, PA, offering outpatient services to adolescent and adult clients seeking counseling for substance use disorders. Ms. Ackerson is an adjunct faculty member in the Graduate Art Therapy Program at Saint Mary-of-the-Woods College. She is a doctoral student in the Counselor Education and Supervision Ph.D. program at Waynesburg University.

She received her Master's in Art Therapy with Specialization in Counseling at Seton Hill University. Ms. Ackerson completed her undergraduate degree in Psychology with a Studio Arts minor at Kent State University. She has had additional coursework in clinical supervision. Ms. Ackerson is an active member of the American Art Therapy Association, Pennsylvania Art Therapy Association, and American Counseling Association.

## **DEGREES and LICENSES AWARDED**

2022	(in progress) Doctor of Philosophy, Counselor Education and Supervision, Waynesburg University
2018	Licensed Professional Counselor, Pennsylvania State Board of Social Workers, Marriage and Family Therapists and Professional Counselors
2017	Board Certified Art Therapist, Art Therapy Credentials Board
2013	Master of Arts, Art Therapy with Specialization in Counseling, Seton Hill University
2009	Bachelor of Arts, Psychology and Studio Arts, Kent State University

## **SERVICES PROVIDED and EXPERTISE**

Ms. Ackerson provides supervision within her area of training and experience. She is licensed as a Professional Counselor through the state of Pennsylvania and is credentialed with Highmark, Cigna, and UPMC insurances. Ms. Ackerson provides individual, group, and family sessions; assessment services; education, training, and supervision related to personal and professional development. She has experience working in co-occurring inpatient and outpatient facilities for the treatment of adolescents, adults, and families. Counseling areas of focus include addictions, substance use, gambling, disordered eating, stress, mood disorders, trauma, grief, and personality disorders. Additional skills and training include Art Therapy and Art Therapy Supervision. As a Doctoral student, Ms. Ackerson has received supervision education and experience. Additionally, she has received training through 10+ years of clinical experience as a counselor, art therapist, educator, and clinical supervisor.

## **CLINICAL SUPERVISION and TEACHING EXPERIENCE**

**March 2023 – present**, Graduate Teaching Assistant, Waynesburg University

- + CNS 537 Addiction Counseling Techniques
- + CNS 546 Psychopathology and Diagnosis
- + CNS 525 Testing and Appraisal

**May 2021 – present**, Adjunct Instructor, Saint-Mary-of-the-Woods College

- + CN 575 Addictions Counseling

**March 2021 – present**, Clinical Supervisor, JADE Wellness Center.

- + Provides training, supervision, consultation, and oversight of the clinical team, including counselors, counselor assistants, peer supports, clinical interns, and new professionals. Individual, triadic, and group supervision sessions are conducted on a weekly
- + Monitors and evaluates the clinic program, outcomes, services, and best practices related to the provision of clinical services to patients.
- + Ensures agency policies and procedures are met, facilitates case consultation, assists in counselor growth, and monitors measurable outcomes toward client needs.
- + Collaborates with a multidisciplinary team to coordinate day-to-day patient care and organizational operations.
- + Manages a personal caseload of an average of twenty clients; facilitates counseling in the form of individual, family, and group therapy.

**2020 – 2021** Lead Clinician, JADE Wellness Center.

- + Provided supervision and oversight of the Southside office clinical team.
- + Managed personal caseload of an average of forty clients; facilitated counseling in the form of individual, family, and group therapy.

## **THEORETICAL SUPERVISION MODEL**

The supervision offered utilizes an integrative approach of the systemic cognitive-developmental supervision model and a phenomenological arts-based approach. Through the utilization of these approaches, supervisees can review and examine clients' artwork, create their own imagery, process their responsive artwork both visually and verbally, and build tools for intervention, conceptualization, and personalization.

We will implement elements of several approaches to our clinical supervision sessions, with a concentration on relationship building, professional development, multicultural considerations, ethical conduct, identifying strengths and mastering growth edges, building autonomy, and fostering creativity. All supervision sessions will be conducted in an atmosphere of open communication and mutual respect. Should any disagreements arise, they will be attempted to be resolved with honesty, openness, and willingness. As a supervisor, I will emphasize collaborative decision-making, creative problem-solving, and empowerment when working with you. You agree to come prepared to discuss pertinent case concerns during each supervision session and will exhibit openness to discussing issues surrounding your own professional development.

In utilizing the systemic cognitive-developmental supervision model, I will assess your primary emotional processing style (or cognitive orientation) and work to aid in your flexible adaptation and utilization of all four cognitive orientations. We will review case material, including notes, artwork, treatment plans, recorded sessions, and live observation (if possible.) Each supervisee will be evaluated on an ongoing basis. Collaborative review and creation of supervision goals will be influenced by the cognitive orientation assessment and the supervisee's professional interests.

If involved in group supervision, there will be a focus on the parallel process between how the group proceeds and the ways you incorporate the tenets of trauma-informed care into your own practice with clients. For example, we will be mindful of "triggers" and other activation points for fellow group members and buffer against their impact; we will examine how our own participation ebbs and flows in regard to content being discussed; we will practice being equally present for each peer.

I recommend that you seek your own personal therapy outside of supervision, as working in the counseling field and participation in supervision may stir up personal matters that can create barriers to objectively working with clients. I will discuss these matters only in terms of your professional development and recommend that you seek treatment from your provider as they emerge and impact your work with clients. I ask that you let me know immediately if you feel I am crossing any personal boundaries with our conversations regarding your personal work.

## **CONFIDENTIALITY DISCLOSURE**

Written informed consent must be obtained from clients, and this will be discussed in our supervision sessions. You are required to inform clients that you are receiving supervision and provide them with your supervisor's credentials upon request. All client information and data will be handled with respect and confidentiality in accordance with federal HIPAA and state laws, and the following codes of ethics: ACA, ATCB, and the CCE Approved Clinical Supervisor.

You will be asked to discuss confidential client material as part of case presentations. Supervisees, whether participating in individual or group supervision sessions, should make an effort to disguise client identities to the greatest extent possible while also understanding that all members of the group are bound to the same ethics standards listed above regarding client privacy and confidentiality. Additionally, supervisees are required to obtain liability insurance coverage.

Regarding the confidentiality of our supervisory relationship, and like my relationships with clients, I will not disclose our work together or any of your identifying information to anyone else. However, you are welcome to disclose our supervisory relationship to anyone you choose. Similarly, in an effort to protect and respect your privacy, I will not engage with supervisees through social media or "friending," with the exception of LinkedIn.

### **CONFIDENTIALITY RELATED TO TECHNOLOGY-ASSISTED SERVICES**

Currently, I use Zoom for tele-supervision and all remote sessions. Zoom utilizes third-party video software that is HIPAA-compliant and includes end-to-end encryption. Based on the HIPAA Security Rule published in the Federal Register on February 20, 2003 (45 CFR Parts 160, 162, and 164 Health Insurance Reform: Security Standards; Final Rule) Zoom meets all criteria for HIPAA compliance. A datasheet for further information can be found [here](#).

Please be aware of the following practices regarding the use of technology regarding supervision:

- Text messaging is acceptable for scheduling and canceling sessions and for quick conversations only. Please do not disclose identifying information about a client over a text message.
- I ask you to only communicate through a device that you can ensure is safe and that all sensitive client material be password protected.
- I require that you be in a confidential environment and take every effort to ensure that others are not able to overhear our conversation.
- If we become disconnected due to technological breakdown, loss of electricity, and/or wifi I will continue trying to connect for ten more minutes, or until the end of your session time, whichever occurs first.

- Email can be used to arrange or modify supervision sessions, to communicate about paperwork such as signing supervisory forms, and to share resources and interventions with one another.
- Please refrain from emailing me specific content related to your therapy sessions, as email is not completely secure or confidential.

Tele-supervision is not indicated if you and/or your client are experiencing crisis. In-person supervision will be recommended or required in this instance.

Please be advised that I follow the laws and professional regulations of the State of Pennsylvania with regard to technology-assisted clinical services. However, it is your sole responsibility, to determine if my license, training credentials, and method of supervision meet the requirements for your specific needs.

### **YOUR RESPONSIBILITIES AS A SUPERVISEE**

Because this is your time for education and development, I expect you to actively participate in your own learning and growth in both group and individual supervision sessions. You are expected:

- To uphold ACA Code of Ethics (2014), and the ATCB Code of Ethics (2021);
- To maintain professional liability insurance coverage
- To come prepared for sessions and bring in materials (such as meditations, music, case presentations, etc.) and case material;
- To record and share sessions for review of skills and growth edges;
- To practice therapy and conceptualization skills consistent with client-centered theory and other identified theories of interest (list here):\_\_\_\_\_;
- To openly discuss challenges and progress encountered working in the field;
- To grow in authenticity, accountability, and autonomy;
- To identify and give voice to transference, and counter-transference occurrences;
- To consult with the supervisor when confronted with a situation that is beyond the scope of your practice;
- To be open to the supervisor's feedback and be willing to adopt alternative approaches if asked;
- To share if you are uncomfortable doing something that is being asked of you;
- To participate in setting the agenda for each session;
- To communicate emergencies and expectations for support in a timely manner;
- To faithfully and honestly track your supervision and client contact hours; and
- To maintain a commitment to ongoing professional development through identifying skill gaps, growth edges, and training needs.

### **MY RESPONSIBILITIES AS SUPERVISOR**

My commitment to you includes:

- Attending supervision meetings prepared with materials and readings;

- Being fully present;
- To raise and address concerns regarding performance;
- To observe your direct practice and provide support and direction;
- To collaboratively assess your strengths and areas for continued professional development;
- To model and ensure ethical standards are upheld;
- To review your counseling approach and ensure it is consistent with collaborative treatment goals and a client-centered orientation;
- To support you in identifying professional development goals and strengthening your counselor identity;
- To support continued growth towards autonomy and self-efficacy by way of building self-awareness;
- To be accessible in times of emergency;
- To intervene when client welfare is at risk;
- Being responsive to your feedback and needs as your practice evolves;
- Responsibly completing paperwork as you file reports to the state and/or Board; and
- Staying current on my own continuing education and liability insurance related to clinical supervision.

### **FEES FOR SUPERVISION**

There is no fee for academic supervision services provided to master's level students.

The fee schedule for professional supervisees seeking ATR-P, ATR, LCSW, and LPC is \$50 per individual hour. Group supervision is \$35 per hour (typically scheduled in 2-hr or 3-hr sessions). It is requested that supervisees attend a minimum of 8 group sessions to assist with group cohesion. Sliding scales and pro bono rates may be available on an individual basis and based on need.

Cancellations must be made at least 24 hours in advance, or the supervisee will be billed for the session in full. If checks are returned or not honored for any reason, the supervisee will be charged a \$50 returned check fee. Balances outstanding after thirty days will bear interest at the rate of ten (10%) percent per monthly billing cycle.

Ms. Ackerson keeps documented logs of scheduled supervision sessions. The supervisee is also required to keep documented logs and track the necessary hours required for their supervisory needs.

### **ETHICS**

Ms. Ackerson follows the standards, ethics, and mandates set forth by the Commonwealth of Pennsylvania, the American Counseling Association, the Art Therapy Credentials Board, the American Art Therapy Association, the CCE Approved Clinical Supervisor (ACE) Codes of Ethics.

All supervisees are required to review, understand, and comply with the above indicated set-forth ethics, standards, and mandates.

Dual and multiple relationships can take various forms, including but not limited to: personal, political, organizational, or occupational relationships. It is a complex issue that involves role conflicts, power differentials, and various ethical considerations. These relationships, however, are not always controversial and can prove beneficial if all parties are aware of the power differential in the relationship. This is a dynamic topic that ultimately asks us to ascertain how the relationships may impact all those involved, including the clients being served. As your supervisor, I will make my best effort to avoid entering into any dual relationships that have the potential to interfere with the quality and objectivity of your supervision. Open and transparent communication will occur throughout our time together to ensure all parties continue to assess and address the relationship.

When a supervisee makes insufficient progress in a supervision program, the supervisor faces the choice of determining appropriate educational, ethical, and legal responses. The ACA Code of Ethics mandates that supervisors act as gatekeepers when they deem supervisees do not meet standards for entry into the counseling profession. I am committed to protecting future clients and the public from harm and will uphold the duty to gatekeep. In the event that you do not make sufficient progress (as evidenced by Counselor Competency Assessments), referral to additional education, training, high-intensity practice, or additional supervision may be required. If the supervisee continues to be unable to maintain proficient competency in all areas, a recommendation for a career change will be offered.

### **LIABILITY INSURANCE**

Professional liability insurance is required to be maintained by the Clinical Supervisor and the Supervisee. The Supervisee will be expected to provide documentation of coverage prior to the onset of the supervision relationship.

### **IN CASE OF EMERGENCY**

In the event a client is in imminent danger, call 911 for medical emergency or 988 in the event of behavioral emergency. ReSolve Crisis Services can be reached at (888) 796-8226 or their walk-in crisis center can be accessed at 333 North Braddock Ave, Pittsburgh, PA 15208. Pittsburgh Mercy offers walk-in psychiatric assessments Monday through Thursday at 2645 9th St, Pittsburgh, PA 15203, and additionally offers crisis housing services. Acute psychiatric needs may also be met through UPMC Western Psychiatric Hospital at 3811 O'Hara St, Pittsburgh, PA 15213.

In the event of child/elder/dependent adult abuse and/or neglect, contact PA ChildLine immediately at 1-800-932-0313. Also, inform all appropriate individuals at your agency of

employment in addition to your Clinical Supervisor. If unable to reach your Clinical Supervisor, leave a voicemail and call the next agreed-upon contact.

For supervision emergencies, I use a color-coding system to aid in quick communication of urgency. Red = Stop what you're doing right now, I need your help. Yellow = I need to talk to you as soon as you're available. Green = I have something to discuss, but it can wait until our next scheduled session. Call or text me with "Red" and "Yellow" needs at 330-502-3177. "Green" needs can be communicated in a method of your preference.

In the event I am unavailable during a time of crisis, my supervisor, Daniel Garrighan can be reached at 412-889-9000.

## **GRIEVANCES**

It is recommended that grievances be brought to Ms. Ackerson's attention immediately. If a supervisee is dissatisfied with the supervision process, a resolution will be attempted to be made collaboratively. In the event no mutual resolution is reached, a referral to another supervisor may be recommended. In the event a formal complaint is warranted, Art Therapy supervisees are encouraged to contact the Art Therapy Credentials Board, Inc. (ATCB) via their email address [ethics@atcb.org](mailto:ethics@atcb.org). LPC and LCSW supervisees may file grievances with the Pennsylvania State Board of Social Workers, Marriage and Family Therapists, and Licensed Professional Counselors via their website <https://www.pals.pa.gov/#!/ComplaintForm> or by phone (717) 783-1389.